



# TORCUP

## SQ-1 Torque Conversion Chart

Imperial Conversion	
PSI	Ft-lbs
1,000	132
1,200	159
1,400	185
1,600	212
1,800	238
2,000	265
2,200	292
2,400	319
2,600	346
2,800	373
3,000	400
3,200	427
3,400	454
3,600	481
3,800	508
4,000	535
4,200	561
4,400	588
4,600	614
4,800	641
5,000	667
5,200	694
5,400	721
5,600	741
5,800	774
6,000	801
6,200	828
6,400	855
6,600	883
6,800	910
7,000	937
7,200	964
7,400	990
7,600	1017
7,800	1043
8,000	1070
8,200	1098
8,400	1126
8,600	1153
8,800	1181
9,000	1209
9,200	1236
9,400	1263
9,600	1291
9,800	1318
10,000	1345

Metric Conversion	
Bar	Nm
69	179
83	216
97	251
110	287
124	323
138	359
152	396
165	433
179	469
193	506
207	542
221	579
234	616
248	652
262	689
276	725
290	761
303	797
317	832
331	869
345	904
359	941
372	978
386	1013
400	1049
414	1086
427	1123
441	1159
455	1197
469	1234
483	1270
496	1307
510	1342
524	1379
538	1414
552	1451
565	1489
579	1527
593	1563
607	1601
621	1639
634	1676
648	1712
662	1750
676	1787
689	1824

For reference purposes only, please consult the calibration chart specific to your purchase or rental tool.

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